Week 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Hot or Cold Cereal Pancakes Sausage Patty Syrup Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Choice of eggs Toasted English Muffin Peanut Butter and Jelly Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Western Omelet Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Belgian Waffles Turkey Links Strawberries Syrup Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cheese Omelet Bacon Cinnamon Peach Muffin Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Hard Boiled Egg Candian Bacon Toast Jelly Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Bagel Cream Cheese Juice of Choice 2% Milk Coffee/Tea
Lunch						
Meat Loaf Baked Potato Key West Veggies Fresh Baked Roll Cherry Crisp Sour Cream/Chive Juice of Choice 2% Milk Coffee/Tea	Braised Turkey Egg Noodles Crumb topped Brussel sprouts Wheat Bread Banana Pudding Pound Cake Juice of Choice 2% Milk Coffee/Tea	Bourbon Pork Chop w/apples Red Bliss Potatoes Garden Seasoned Broc. Pumpkin Cheesecake Crumble Juice of Choice 2% Milk Coffee/Tea	Beef w/ broc, White Rice Sugar Snap Peas Bread stick Éclair Dessert Juice of Choice 2% Milk Coffee/Tea	Veggie Lasagna Tossed Salad Garlic Toast Apricot Crisp Choice of dressing Parm Cheese Juice of Choice 2% Milk Coffee/Tea	Cornflake Chicken Scalloped Potatoes Asparagus Dinner Roll Rhubarb Crumble Juice of Choice 2% Milk Coffee/Tea	Pot Roast Whipped Sweat Potatoes Roasted Cauliflower Cornbread Picasso's Brownies Juice of Choice 2% Milk Coffee/Tea
Dinner						
Broccoli Cheese Soup Saltines Grilled Chicken Breast Swch Carrots Cinnamon Apples Juice of Choice 2% Milk Coffee/Tea	Cabbage Roll Stuffed w/ Sauce Mashed Potatoes Tossed Salads Breadstick Cottage Cheese and Peaches Choice of Dressing Juice of Choice 2% Milk Coffee/Tea	Chunky Veggie Soup Saltines Oven Baked Fish Zucchini & Summer Squash Cornbread Mixed Melon Salad Juice of Choice 2% Milk Coffee/Tea	BBQ Chicken Thighs Baked Beans Corn on the Cob Wheat Bread Red Grapes Juice of Choice 2% Milk Coffee/Tea	Hot Roast Beef Swch Mashed Potatoes Peas and Carrots Diced Pears Juice of Choice 2% Milk Coffee/Tea	Chicken Noodle Soup Saltines Grilled Ham & Cheese Italian Green Beans Pineapple Chunks Juice of Choice 2% Milk Coffee/Tea	Chef's Salad Breadsticks Banana Choice of Dressing Juice of Choice 2% Milk Coffee/Tea
Evening Snacks						
Assorted Beverages		Assorted Snacks				

## Week 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Hot or Cold Cereal Scrambled Eggs Bacon Cinnamon Roll Wheat Toast Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal French Toast Sausage Patty Syrup Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg & Cheese Swch Breakfast Ham Slice Juice of Choice 2% Milk Coffee/Tea	Scrambled Eggs Cranberry Scone Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Choice of Eggs Turkey Links Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg, Bacon, and Cheddar Scramble Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Hard Boiled Egg Blueberry Muffin Juice of Choice 2% Milk Coffee/Tea
Lunch						
Lemon Baked Fish Rosemary Roasted Potatoes Herb Glazed Carrots Wheat Bread Frosted Spice Cake Juice of Choice 2% Milk Coffee/Tea	Spaghetti Sauce w/meat Spaghetti Noodles Green Beans Tossed Salad Garlic Toast Cranberry Chill Choice of Dressing Parm Cheese Juice of Choice 2% Milk Coffee/Tea	Baked Glazed Ham Garlic Mash Potatoes Broccoli Dinner Roll Blueberry Crisp Juice of Choice 2% Milk Coffee/Tea	Chicken Marsala Baked Potato Spinach Fresh Baked Roll Lemon Bars Sour Cream Chives Juice of Choice 2% Milk Coffee/Tea	Stuff Green Peppers Tossed Salad Buttered Breadstick Black Forest Cake Choice of Dressing Juice of Choice 2% Milk Coffee/Tea	Turkey Pot Roast Cinnamon Maple Squash Capri Veggie Blend Wheat Bread Chocolate Satin Pound Cake Juice of Choice 2% Milk Coffee/Tea	Pepper Steak White Rice Oriental Veggie Blend Wheat Bread Pudding/Cookie Parfait Parm Cheese Juice of Choice 2% Milk Coffee/Tea
Dinner						
BBQ Pork Swch Southwest Slaw Orange Wedges Juice of Choice 2% Milk Coffee/Tea	Chicken Fajitas Spanish Rice Seasoned Black Beans Fruit Cocktail Juice of Choice 2% Milk Coffee/Tea	Salmon Patty Creamed Peas Breadstick Emerald Pears Juice of Choice 2% Milk Coffee/Tea	Tomato Soup Saltines Grilled Cheese Swch Baby Carrots Strawberry & Banana Cup Juice of Choice 2% Milk Coffee/Tea	Hearty Cabbage Soup Grilled Chicken Breast Swch Zucchini & Summer Squash Red Grapes Juice of Choice 2% Milk Coffee/Tea	Cheese Pizza Tossed Salad Breadstick Cottage Cheese & Peaches Choice of Dressing Juice of Choice 2% Milk Coffee/Tea	Minestrone Soup Saltines Turkey Salad on Croissant Broccoli Raisin Salad Mixed Melon Salad Juice of Choice 2% Milk Coffee/Tea
Evening Snacks				· ·		
Assorted Beverages		Assorted Snacks				

#### Week 3

	Tuesday	Wednesday	Thursday	Friday	Saturday
Hot or Cold Cereal Buttered Waffles Turkey Links Syrup Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg Patty Canadian Bacon Toasted English Muffin Jelly Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Country Brunch Casserole Hard Boiled Egg Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Choice of Eggs Autumn Hash Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Honey Bran Muffin Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cheese Omelet Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea
Beef Stroganoff Baked Potato Whole Baby carrots Strawberry Pretzel Squares Juice of Choice 2% Milk Coffee/Tea	Beer Battered Fish French Fried Creamy Cole Slaw Wheat Bread Lemon Whip Juice of Choice 2% Milk Coffee/Tea	Baked Ham w. Raisin Sauce Rice Pilaf Zucchini & Summer Squash Dinner Roll Princess Bars Juice of Choice 2% Milk Coffee/Tea	Sweet Potato Crusted Pollock Creamed Spinach Biscuit Cinnamon Apple Tart Juice of Choice 2% Milk Coffee/Tea	Salisbury Steak Garlic Mashed Potatoes Green Beans & Mushrooms Dinner Roll Confetti Angel Cake Juice of Choice 2% Milk Coffee/Tea	Paprika Chicken with Sour Cream Gravy Rosemary Roasted Potatoes Lemon Dill Lima Beans French Baked Roll Brownie Juice of Choice 2% Milk Coffee/Tea
Creamy Garden Veg Soup Saltines Turkey Reuben Swch Fresh Orange Juice of Choice 2% Milk Coffee/Tea	Veggie Lasagna Broccoli Garlic Toast Apple Slices Juice of Choice 2% Milk Coffee/Tea Assorted Snacks	Chicken Cordon Bleu Red Bliss Potatoes Green Peas Dinner Roll Fruit Cocktail Juice of Choice 2% Milk Coffee/Tea	Cheeseburger Soup Saltines BLT Sandwich Cottage Cheese Chilled Peaches Juice of Choice 2% Milk Coffee/Tea	Macaroni & Cheese Stewed Tomatoes Wheat Bread Pineapple Chunks Juice of Choice 2% Milk Coffee/Tea	Pepperoni Pizza Tossed Salad Choice of Dressing Cantaloupe & Honeydew Juice of Choice 2% Milk Coffee/Tea
	Buttered Waffles Turkey Links Syrup Juice of Choice 2% Milk Coffee/Tea Beef Stroganoff Baked Potato Whole Baby carrots Strawberry Pretzel Squares Juice of Choice 2% Milk Coffee/Tea Creamy Garden Veg Soup Saltines Turkey Reuben Swch Fresh Orange Juice of Choice 2% Milk	Buttered WafflesEgg PattyTurkey LinksCanadian BaconSyrupToasted EnglishJuice of ChoiceMuffin2% MilkJellyCoffee/TeaJuice of Choice2% MilkCoffee/TeaBeef StroganoffBeer Battered FishBaked PotatoFrench FriedWhole Baby carrotsCreamy Cole SlawStrawberry PretzelWheat BreadSquaresLemon WhipJuice of ChoiceJuice of Choice2% MilkCoffee/TeaCoffee/TeaSeer Battered FishSquaresLemon WhipJuice of ChoiceJuice of Choice2% MilkCoffee/TeaCoffee/TeaSer Coffee/TeaCreamy Garden VegVeggie LasagnaSoupBroccoliSaltinesGarlic ToastTurkey Reuben SwchApple SlicesFresh OrangeJuice of ChoiceJuice of Choice2% Milk2% MilkCoffee/TeaSuite of Choice2% Milk2% MilkCoffee/TeaSaltinesGarlic ToastTurkey Reuben SwchApple SlicesFresh OrangeJuice of ChoiceJuice of Choice2% Milk2% MilkCoffee/TeaSy MilkCoffee/TeaSy MilkCoffee/TeaSuite of Choice2% MilkSy MilkCoffee/TeaSy MilkCoffee/TeaSy MilkCoffee/TeaSy MilkCoffee/TeaSy MilkCoffee/TeaSy MilkCoffee	Buttered Waffles Turkey LinksEgg Patty Canadian Bacon Toasted English MuffinCountry Brunch CasseroleSyrupToasted English MuffinHard Boiled EggJuice of ChoiceJulice of Choice2% MilkCoffee/TeaJuice of Choice2% MilkCoffee/TeaZ% MilkCoffee/TeaBeef StroganoffBeer Battered Fish Strawberry PretzelBaked Ham w. Raisin SauceSquaresCreamy Cole Slaw Wheat BreadRice PilafSquaresLemon Whip Juice of ChoiceSquashJuice of ChoiceJuice of ChoiceDinner Roll2% Milk2% MilkPrincess BarsCoffee/TeaCoffee/TeaJuice of ChoiceSquaresLemon WhipSquashJuice of ChoiceJuice of ChoiceJuice of Choice2% MilkCoffee/TeaJuice of ChoiceSoupBroccoliChicken Cordon Bleu Red Bliss PotatoesSoupGarlic Toast Apple SlicesGreen PeasTurkey Reuben Swch Fresh OrangeJuice of Choice2% MilkCoffee/TeaDinner RollJuice of Choice2% MilkJuice of Choice2% MilkCoffee/TeaChicken Cordon Bleu Red Bliss PotatoesSaltinesGarlic Toast Apple SlicesGreen PeasJuice of Choice2% MilkJuice of Choice2% MilkCoffee/TeaZ% MilkCoffee/TeaZ% MilkJuice of Choice2% MilkCoffee/TeaZ% MilkCoffee/TeaZ% MilkJuice of Choice<	Buttered Waffles Turkey LinksEgg Patty Canadian Bacon Toasted English MuffinCountry Brunch CasseroleChoice of Eggs Autumn HashJuice of Choice 2% Milk Coffee/TeaMuffin JellyJuice of Choice 2% Milk Coffee/TeaJuice of Choice 2% Milk Coffee/TeaSweet Potato Crusted PollockBeef Stroganoff Baked Potato Whole Baby carots Strawberry Pretzel Juice of ChoiceBeer Battered Fish French Fried Creamy Cole Slaw Wheat Bread Lemon Whip Juice of ChoiceBaked Ham w. Raisin Suce Rice Pilaf Zucchini & Summer Squash Dinner RollSweet Potato Crusted Pollock Creamed Spinach Biscuit Cinnamon Apple Tart Juice of Choice 2% Milk Coffee/TeaSweet Potato Crusted PollockCreamy Garden Veg Soup Saltines Turkey Reuben Swch Fresh Orange Juice of Choice 2% MilkVeggie Lasagna Broccoli Garii Toast Apple Slices Juice of Choice 2% Milk Coffee/TeaChicken Cordon Bleu Red Bliss Potatoes Garine Toast BLT Sandwich Cottage Cheese Chiled Peaches Juice of Choice 2% Milk Coffee/TeaChicken Cordon Bleu Cottage Cheese Cottage Cheese Cottage Cheese Cottage CheeseSweith Suite of Choice 2% Milk Coffee/TeaJuice of Choice 2% Milk Coffee/TeaChicken Cordon Bleu Cottage CheeseCreamy Garden Veg Soup Saltines Suite of Choice 2% Milk Coffee/TeaVeggie Lasagna Suite of Choice Z% Milk C	Buttered Waffles Turkey LinksEgg Patty Canadian Bacon Toasted English Juice of ChoiceCountry Brunch Casserole Hard Boiled Egg Juice of ChoiceChoice of Eggs Autumn HashScrambled Eggs Honey Bran Muffin Juice of Choice 2% Milk Coffee/Tea2% Milk Coffee/TeaJelly Juice of Choice 2% Milk Coffee/TeaJuice of Choice 2% Milk Coffee/TeaJuice of Choice 2% Milk Coffee/TeaZ% Milk Coffee/TeaCoffee/TeaBeef Stroganoff Baked Potato Whole Baby carrots Strawberry Pretzel Juice of Choice Juice of Choice Lemon Whip Juice of ChoiceBaked Ham w. Raisin Sauce Rice Pilaf Succhini & Summer Squash Dinner RollSweet Potato Crusted Pollock Creamed Spinach Biscuit Cinnamon Apple Tart Juice of Choice 2% Milk Coffee/TeaSalisbury Steak Garlic Mashed Potatoes Mushrooms Dinner Roll2% Milk Coffee/TeaPrincess Bars Princess Bars Soup SatinesZ% Milk Coffee/TeaCoffee/TeaCreamy Garden Veg Soup Saltines Turkey Reuben Swch Fresh Orange Juice of Choice 2% Milk Coffee/TeaChicken Cordon Bleu Red Biss Potatoes SaltinesCheseburger Soup Saltines SaltinesMacaroni & Cheese Stewed Tomatoes SaltinesSup Sup Sup Sup Sup SupVeggie Lasagna Apple Slices Juice of Choice 2% MilkChicken Cordon Bleu Red Biss Potatoes SaltinesCheeseburger Soup SaltinesMacaroni & Cheese Stewed Tomatoes SaltinesSup S

#### Week 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Buttermilk Pancakes Turkey Links Syrup Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg & Cheese Sandwich Bacon Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Breakfast Ham Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Choice of Eggs Sausage Patty English Muffin Jelly Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cheese Omelet Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea	French Toast Turkey Link Syrup Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg, Bacon & Cheddar Scramble Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea
Lunch						
Veal Picata Spaghetti Noodles Asparagus Breadstick Cherry Tart Juice of Choice 2% Milk Coffee/Tea	Dill Glazed Salmon Long Grain & Wild Rice Prince Charles Veggie Blend Dinner Roll Apple Crisp Juice of Choice 2% Milk Coffee/Tea	Roast Port Company Potatoes Green Beans with basil Biscuit Blueberry Lemon Cream Bars Juice of Choice 2% Milk Coffee/Tea	Apple-Raisin Stuffed Chicken Whipped Sweet Potatoes Broccoli Dinner Roll Raspberry Filled Cookies Juice of Choice 2% Milk Coffee/Tea	Lasagna Parslied Cauliflower Breadstick Cream Pie Juice of Choice 2% Milk Coffee/Tea	Veggie Baked Fish Rice Pilaf Zucchini Squash Dinner Roll Chocolate Satin Pound Cake Juice of Choice 2% Milk Coffee/Tea	Ham & Potato Augratin Corn Dinner Roll Juice of Choice 2% Milk Coffee/Tea
Dinner						
Old Fashioned Veggie Beef Soup Saltines Deli Plate w/ Potato Salad Diced Pears Juice of Choice 2% Milk Coffee/Tea Evening Snacks	Deluxe Hamburger Waffle Fries Bakes Beans Red Grapes Juice of Choice 2% Milk Coffee/Tea	Tomato Soup Saltines Grilled Cheese Swch Tossed Salad Cinnamon Apples Choice of Dressing Juice of Choice 2% Milk Coffee/Tea	Seasoned Beans w/ Ham bits Breaded Corn Nuggets Fresh Baked Roll Pineapple Chunks Juice of Choice 2% Milk Coffee/Tea	OF Hot Turkey Swch Mashed Potatoes Baby Carrots Strawberry & Banana Cup Juice of Choice 2% Milk Coffee/Tea	Hearty Cabbage Soup Saltines French Dip Swch Sweet Potato Fries Mixed Melon Salad Juice of Choice 2% Milk Coffee/Tea	Chicken Salad on Croissant German Potato Salad Cucumber Slices Fruit Cocktail Juice of Choice 2% Milk Coffee/Tea

Week 5

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Hot or Cold Cereal Choice of Eggs Bacon Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Blueberry Pancake Squares Sausage Patty Syrup Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Breakfast Casserole Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Cinnamon Roll Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cheddar Eggs Benedict Bacon Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Hard Boiled Eggs Turkey Links Tstd Cinn Swirl Bagel w/ cream cheese Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg & cheese Sandwich Breakfast Ham Juice of Choice 2% Milk Coffee/Tea
Lunch Cranberry Glazed Turkey Bread Stuffing Dinner Roll Apple Pie Juice of Choice 2% Milk Coffee/Tea	Herbed Pork Loin Baked Sweet Potato Half Aspargus Croissant Strawberry Shortcake Juice of Choice 2% Milk Coffee/Tea	Veal Parmesan Spaghetti Noodles Broccoli Garlic Toast Chocolate Ice Cream Parm Cheese Juice of Choice 2% Milk Coffee/Tea	Chicken & Dumplings Green Peas Cheese Biscuit Cheese Cake Juice of Choice 2% Milk Coffee/Tea	Braised Boneless Short Ribs Mashed Potatoes Baby Carrots Fresh Baked Rolls Pumpkin Spice Bars Juice of Choice 2% Milk Coffee/Tea	Pollock Almondine Broccoli Rice Au Gratin Glazed Sugar Snap Peas Dinner Roll Berry Pear Crisp Juice of Choice 2% Milk Coffee/Tea	Salsa Chicken Black Beans and Rice Corn Oreo Cookie Blondies Juice of Choice 2% Milk Coffee/Tea
Dinner Chunky Veggie Soup Saltines Grld Corn Beef & Swiss Swch Dilled Carrots Orange Wedges Juice of Choice 2% Milk Coffee/Tea	Chicken Chill Saltines Tossed Salad Breadstick Red Grapes Choice of Dressing Juice of Choice 2% Milk Coffee/Tea	Fried Fish Corn on the Cob Creamy Cole Slaw Fresh Baked Roll Pineapple Chunks Juice of Choice 2% Milk Coffee/Tea	Sweet Potato Bacon Corn Chowder Saltines Ham Slices Zucchini & Summer Squash Dinner Roll Mixed Melon Salad Juice of Choice 2% Milk Coffee/Tea	Crispy Chicken Salad Cornbread Cinnamon Applesauce Choice of Dressing Juice of Choice 2% Milk Coffee/Tea	Baked Ziti Parslied Cauliflower Fruit Cocktail Juice of Choice 2% Milk Coffee/Tea	Creamy Garden Veggie Soup Saltines Ham Swch Marinated Cucumber & Tomatoes Apricots Juice of Choice 2% Milk Coffee/Tea