

Weekly Menu

Stone Crest Assisted Living



	Sun 08-04-2024	Mon 08-05-2024	Tue 08-06-2024	Wed 08-07-2024	Thu 08-08-2024	Fri 08-09-2024	Sat 08-10-2024
B R E A K F A S T	2 - Fluffy Pancakes 1 oz Bacon 1/2 c Fresh Fruit 1/2 c 100% Juice	1 oz Cold Cereal 1 - Egg of Choice 1 - Banana 1/2 c 100% Juice 1 - Mini Danish	2 - French Toast 1/4 c Scrambled Egg 1/2 c Fresh Fruit 1/2 c 100% Juice	2/3 c Egg and Ham Breakfast Casserole 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	1 - Breakfast Slider 1/2 c Yogurt 1 - Banana 1/2 c 100% Juice	1 - Bagel and Cream Cheese 1/2 c Yogurt 1/2 c Fresh Fruit 1/2 c 100% Juice	2 - Pancakes 1 oz Sausage Link 1/2 c Fresh Fruit 1/2 c 100% Juice
L U N C H	3 oz Chicken Parmesan 1/2 c Garlic Pasta 1/2 c Collard Greens 1 - Whole Grain Bread	1 - Chicken Cordon Bleu 1/2 c Classic Mashed Potatoes 1 c Garden Green Salad 1 oz Garlic Bread	3 oz Country Style Pork Ribs 1/2 c Seasoned Rice 1/2 c Fresh Fruit Spring Mix 1/2 c Corn O'Brien 1 - Baked Roll	3 oz Hawaiian Baked Chicken 1/2 c Aloha Sweet Potatoes 1/2 c Hawaiian Coleslaw	1 - Deluxe Hamburger 3 oz Steak Fries 1 c Watermelon 1/2 c Baked Beans	1/2 c Bacon Cheddar Ranch Chicken Salad 1/2 c Melon Berry Fruit Bowl	1 slice Spinach and Red Pepper Quiche 1/2 c Hash Brown Casserole 1/2 c Fruit Medley 1 slice Toast of Choice
D I N N E R	1 - Beef Quesadilla 1/2 c Spanish Rice 1/2 c Fruit Cup 1/2 c Avocado Salad	1 - BBQ Sloppy Joe on a Bun 1/2 c Baked Macaroni Cheese 1/4 c Pickle Chips 3 - Onion Rings	3 oz Grilled Polish Sausage 10 - Tater Tots 1/2 c Sauteed Peppers and Onions	1 - French Onion Grilled Cheese 2/3 c Basil Tomato Soup	1/2 - Club Sandwich 1/2 c Creamy Lime Pear Jello 1/3 - Corn on the Cob 1 - Baked Roll	1 - Ham and Swiss Slider 1 oz Chips 1/2 c Strawberry Fruit Cup 1/2 c Coleslaw	1 c Burrito Casserole 1/2 c Spanish Rice 1/2 c Fresh Fruit 1/2 c Avocado Salad
	Milk offered at every meal						Week 2

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	Sun 08-11-2024	Mon 08-12-2024	Tue 08-13-2024	Wed 08-14-2024	Thu 08-15-2024	Fri 08-16-2024	Sat 08-17-2024
B R E A K F A S T	1 c Sausage Country Gravy and Biscuits 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice	1 oz Cold Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice	3"x 2" pc Hometown Blueberry Sausage Bake 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice	1/2 slice French Breakfast Casserole 1 oz Bacon 1/2 c Fresh Fruit 1/2 c 100% Juice	1/2 c Cheesy Scrambled Eggs 1/2 c Hash Browns 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	1 - Deluxe Waffle 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Raisin Toast	1 c Ham Egg and Cheese Casserole 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast
L U N C H	3 oz Glazed Baked Ham 1/2 c Cheesy Scalloped Potatoes 1/2 c Cottage Cheese and Fruit 1/2 c Capri Blend 1 - Baked Roll	5 - Homestyle Pierogies with Sausage 3 each Potato Cheese Pierogies 1 c Garden Green Salad 1 - Baked Roll	3 oz Monterey Chicken with Mushrooms 1/2 c Penne Pasta 1/2 c Roasted Carrots 1 - Baked Roll	3 oz Oven Fried Cod 1 - Baked Potato 1/2 c Coleslaw 1 - Baked Roll	3 oz Seasoned Salisbury Steak 1/2 c Buttered Noodles 1/2 c Parmesan Green Beans 1 - Baked Roll	3 oz BBQ Chicken Breast 1/2 c Seasoned Fried Potatoes 1/2 c Herb Roasted Vegetables 1 - Baked Roll	1 c Italian Meatball Dish 1/2 c Creamy Pasta Alfredo 1 c Garden Green Salad 1 oz Garlic French Bread
D I N N E R	1 - Chicken Enchiladas 1/2 c Pineapple Chunks 1/2 c Roasted Zucchini	2 c Italian Chopped Salad 1/2 c Italian Pasta Salad 1/2 c Melon Berry Fruit Bowl 1/2 c Homestyle Potato Chips	1 c Basic Ham and Bean Soup 1 c Watermelon 1 c Green Salad 1 oz Crackers	2/3 c Sweet and Sour Pork 1/2 c Rice 1/2 c Juicy Fruit Salad 1/2 c Garlic Green Beans 1 - Vegetable Egg Roll	1 - Ham Sandwich 1/2 c Peach Jello Salad 1 c Vegetables with Ranch Dip	2 c Taco Salad 1 oz Tortilla Chips and Salsa 1/2 c Applesauce 1/2 c Spanish Rice	1 - Turkey Burger 1/2 - Herb Roasted Tomatoes 1/2 c Sour Cream Potato Salad
	Milk offered at every meal						Week 3

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Weekly Menu

Stone Crest Assisted Living



	Sun 08-18-2024	Mon 08-19-2024	Tue 08-20-2024	Wed 08-21-2024	Thu 08-22-2024	Fri 08-23-2024	Sat 08-24-2024
B R E A K F A S T	2 - Pancakes 1 oz Bacon 1/2 c Fresh Fruit 1/2 c 100% Juice 1 - Muffin	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	1 - Breakfast Pizza 1/2 c Yogurt 1/2 c Fresh Fruit 1/2 c 100% Juice	1 c Sausage Country Gravy and Biscuits 1 oz Sausage Link 1/2 c Fresh Fruit 1/2 c 100% Juice	2 - Pancakes 1 oz Bacon 1/2 c Fresh Fruit 1/2 c 100% Juice	1 - Breakfast Burrito 1/2 c Hash Browns 1/2 c Fresh Fruit 1/2 c 100% Juice	1 - Belgian Waffle 1 oz Breakfast Ham 1/2 c Fresh Fruit 1/2 c 100% Juice
L U N C H	3 oz Butter Crumb Chicken 1/2 c Garlic Parmesan Rice 1/2 c Loaded Cauliflower 1 oz Garlic Bread	1 c Asian Orange Chicken 1/2 c Fried Brown Rice 1/2 c Sesame Green Beans 1 - Spring Egg Roll	3 oz Creamy Herbed Pork Chop 1/2 c AuGratin Potatoes 1/2 c Mixed Vegetables 1 - Baked Roll	3 oz Maple Glazed Ham Steak 1/2 c Classic Mashed Potatoes 1/2 c Baby Carrots 1 - Baked Roll	3 oz Garlic Parmesan Chicken 1/2 c Garlic Parmesan Rice 1/2 c Vegetable Medley 1 - Baked Roll	3 oz Lemon Baked Fish 1/2 c Lemon Butter Egg Noodles 1/2 c Steamed Broccoli 1 - Baked Roll	6 oz Beef Tips with Garden Vegetables 1/2 c Homestyle Stuffing 1/2 c Sauteed Zucchini
D I N N E R	1 - BBQ Pulled Pork on a Bun 3 oz Steak Fries 1/2 c Fruit Cocktail 1/4 c Pickle Chips	1 c Stuffed Shells 1 c Green Salad 1 - Garlic Breadsticks	1 c Beef Chili 1/2 c Assorted Fruit 1/2 c Tomato Cucumber Salad 3"x 2" pc Fresh Cornbread	1 - Turkey Deli Sandwich 1/2 c Melon Salad 1 - Pickle Spear 1 oz Chips	1 - Western Breakfast Sandwich 10 - Tater Tots 1/2 c Apple Slices 1/2 c Coleslaw	1 slice Pepperoni Pizza 1/2 c Pears 1 - Garlic Breadsticks	1 - Meatball Sub Sandwich 1/2 c Garlic Roasted Potatoes 1/2 c Tomatoes with Cottage Cheese
	Milk offered at every meal						Week 4

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Weekly Menu

Stone Crest Assisted Living



	Sun 08-25-2024	Mon 08-26-2024	Tue 08-27-2024	Wed 08-28-2024	Thu 08-29-2024	Fri 08-30-2024	Sat 08-31-2024
B R E A K F A S T	1/2 c Sausage Scramble 1/2 c Yogurt 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	1 oz Cold Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 - Muffin	2 - Buttermilk Pancakes 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice	1 c Baked Omelet 1 oz Bacon 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	2 - Brown Sugar French Toast 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice	1 c Sausage Country Gravy and Biscuits 1 - Hard Boiled Egg 1/2 c Fresh Fruit 1/2 c 100% Juice 1 - Fresh Biscuit	1/4 c Scrambled Egg 1/2 c Yogurt 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast
L U N C H	1 - California Chicken Club Sandwich 1/2 c Coconut Rice 1/2 c California Coleslaw	1 - Grilled Ham Swiss Tomato Sandwich 1/2 c Classic Macaroni Salad 1/2 c 24 Hour Fruit Salad 1/4 c Pickle Chips	2 - Classic Stuffed Bell Peppers 1/2 c Herb Mashed Potatoes 1/2 c Roasted Summer Squash 1 - Baked Roll	3 oz Pork Chop Dijon 1 - Baked Sweet Potato 1 c Garden Green Salad 1 - Baked Roll	1 c Chicken Fajita Bowl 1/2 c Spanish Rice 1/2 c Sautéed Peppers and Onions	1 c Broccoli Ham Casserole 10 - Tater Tots 1/2 c Oven Roasted Broccoli 1 - Baked Roll	1 c Turkey Pot Pie 1/2 c Classic Mashed Potatoes 1 c Garden Green Salad 1 - Baked Roll
D I N N E R	1 - Open Face Turkey Sandwich with Gravy 1/2 c Classic Mashed Potatoes 1/2 c Buttery Carrots	1 - Chicken Salad on Croissant 1 oz Potato Chips 1/2 c Grapes 1 c Cucumber Dill Salad	2 c Summer Cobb Salad 1/2 c Garlic Pasta 1 - Parmesan Breadsticks	1 - Crispy Fish Sandwich 3 oz Steak Fries 1/2 c Mixed Fruit Medley 1/2 c Sour Cream Cucumber Salad	1 - Kielbasa with Sauerkraut 1/2 c Fried Potatoes and Onions 1/2 c Tropical Mixed Fruit	1 c Hamburger Noodle Bake 1/2 c Tropical Mixed Fruit 1 c Green Salad 1 - Baked Roll	1 - Chicken Caesar Wrap 1 oz Sun Chips 1/2 c Applesauce
	Milk offered at every meal						Week 5

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