

Weekly Menu

Stone Crest Assisted Living



	Sun 09-01-2024	Mon 09-02-2024	Tue 09-03-2024	Wed 09-04-2024	Thu 09-05-2024	Fri 09-06-2024	Sat 09-07-2024
B R E A K F A S T	Pancakes Egg of Choice Fresh Fruit 100% Juice Muffin	Cold Cereal Egg of Choice Fresh Fruit 100% Juice	Scrambled Egg and Bacon Yogurt Fresh Fruit 100% Juice Whole Grain Toast	Apple Cinnamon Baked French Toast Sausage Link Fresh Fruit 100% Juice	Spinach Quesadilla Sausage Link Fresh Fruit 100% Juice Muffin	Scrambled Egg Bacon Fresh Fruit 100% Juice	Sausage Country Gravy and Biscuits Yogurt Fresh Fruit 100% Juice
L U N C H	Chicken Breast with Gravy over Noodles Buttered Noodles Loaded Cauliflower Baked Roll	LABOR DAY BBQ Hamburgers Potato Salad Watermelon Baked Beans	Balsamic Cherry Glazed Chicken Creamy Pasta Alfredo Green Beans Baked Roll Bread Pudding	BBQ Pork Tenderloin Potato Casserole Peach Yogurt Salad Green Beans Baked Roll	Baked Chicken Drumsticks Twice Baked Potato Casserole Zucchini Corn Saute Baked Roll	Sweet Teriyaki Glazed Salmon Garlic Parmesan Rice Stir-Fry Vegetables	Smothered Pork Chops Classic Mashed Potatoes Corn Baked Roll
D I N N E R	Beef Goulash Cottage Cheese and Pineapple Green Salad Parmesan Breadsticks	Garlic Roast Beef Sandwich Bacon Ranch Pasta Salad Peaches	Homestyle Chicken Noodle Soup Tropical Mixed Fruit Crackers	Tuna Noodle Casserole Grapes Cucumber Dill Salad Baked Roll	Beef Pot Roast Jello Salad Garden Green Salad Baked Roll	Chicken Salad on Bun Chips Oven Fried Pickles	Chef Salad Melon Salad Baked Roll with Honey Butter
	Milk offered at every meal						Week 1

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	Sun 09-08-2024	Mon 09-09-2024	Tue 09-10-2024	Wed 09-11-2024	Thu 09-12-2024	Fri 09-13-2024	Sat 09-14-2024
B R E A K F A S T	Fluffy Pancakes Bacon Fresh Fruit 100% Juice	Cold Cereal Egg of Choice Banana 100% Juice Mini Danish	French Toast Scrambled Egg Fresh Fruit 100% Juice	Egg and Ham Breakfast Casserole Fresh Fruit 100% Juice Whole Grain Toast	Breakfast Slider Yogurt Banana 100% Juice	Bagel and Cream Cheese Yogurt Fresh Fruit 100% Juice	Pancakes Sausage Link Fresh Fruit 100% Juice
L U N C H	Chicken Parmesan Garlic Pasta Collard Greens Whole Grain Bread	Chicken Cordon Bleu Classic Mashed Potatoes Garden Green Salad Garlic Bread	Country Style Pork Ribs Seasoned Rice Fresh Fruit Spring Mix Corn O'Brien Baked Roll	Hawaiian Baked Chicken Aloha Sweet Potatoes Hawaiian Coleslaw	Deluxe Hamburger Steak Fries Watermelon Baked Beans	Bacon Cheddar Ranch Chicken Salad Melon Berry Fruit Bowl	Spinach and Red Pepper Quiche Hash Brown Casserole Fruit Medley Toast of Choice
D I N N E R	Beef Quesadilla Spanish Rice Fruit Cup Avocado Salad	BBQ Sloppy Joe on a Bun Baked Macaroni Cheese Pickle Chips Onion Rings	Grilled Polish Sausage Tater Tots Sauteed Peppers and Onions	French Onion Grilled Cheese Basil Tomato Soup	Club Sandwich Creamy Lime Pear Jello Corn on the Cob Baked Roll	Ham and Swiss Slider Chips Strawberry Fruit Cup Coleslaw	Burrito Casserole Spanish Rice Fresh Fruit Avocado Salad
	Milk offered at every meal						Week 2

Weekly Menu

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	Sun 09-15-2024	Mon 09-16-2024	Tue 09-17-2024	Wed 09-18-2024	Thu 09-19-2024	Fri 09-20-2024	Sat 09-21-2024
B R E A K F A S T	Sausage Country Gravy and Biscuits Egg of Choice Fresh Fruit 100% Juice	Cold Cereal Egg of Choice Fresh Fruit 100% Juice	Hometown Blueberry Sausage Bake Egg of Choice Fresh Fruit 100% Juice	French Breakfast Casserole Bacon Fresh Fruit 100% Juice	Cheesy Scrambled Eggs Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Deluxe Waffle Egg of Choice Fresh Fruit 100% Juice Raisin Toast	Ham Egg and Cheese Casserole Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Glazed Baked Ham Cheesy Scalloped Potatoes Cottage Cheese and Fruit Capri Blend Baked Roll	Homestyle Pierogies with Sausage Potato Cheese Pierogies Garden Green Salad Baked Roll	Swiss Steak and Tomatoes Classic Mashed Potatoes Peas Baked Roll	Oven Fried Cod Baked Potato Coleslaw Baked Roll	Seasoned Salisbury Steak Buttered Noodles Parmesan Green Beans Baked Roll	BBQ Chicken Breast Seasoned Fried Potatoes Herb Roasted Vegetables Baked Roll	Italian Meatball Dish Creamy Pasta Alfredo Garden Green Salad Garlic French Bread
D I N N E R	Chicken and Rice Stew Pineapple Chunks Roasted Zucchini	Italian Chopped Salad Italian Pasta Salad Melon Berry Fruit Bowl Homestyle Potato Chips	Basic Ham and Bean Soup Watermelon Green Salad Crackers	Sweet and Sour Pork Rice Juicy Fruit Salad Garlic Green Beans Vegetable Egg Roll	Ham Sandwich Peach Jello Salad Vegetables with Ranch Dip	Taco Salad Tortilla Chips and Salsa Applesauce Spanish Rice	Turkey Burger Herb Roasted Tomatoes Sour Cream Potato Salad
	Milk offered at every meal						Week 3

Weekly Menu

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	Sun 09-22-2024	Mon 09-23-2024	Tue 09-24-2024	Wed 09-25-2024	Thu 09-26-2024	Fri 09-27-2024	Sat 09-28-2024
B R E A K F A S T	Pancakes Bacon Fresh Fruit 100% Juice Muffin	Hot Cereal Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Breakfast Pizza Yogurt Fresh Fruit 100% Juice	Sausage Country Gravy and Biscuits Sausage Link Fresh Fruit 100% Juice	Pancakes Bacon Fresh Fruit 100% Juice	Breakfast Burrito Hash Browns Fresh Fruit 100% Juice	Belgian Waffle Breakfast Ham Fresh Fruit 100% Juice
L U N C H	Butter Crumb Chicken Garlic Parmesan Rice Loaded Cauliflower Garlic Bread	Asian Orange Chicken Fried Brown Rice Sesame Green Beans Spring Egg Roll	Baked Pork Chop AuGratin Potatoes Mixed Vegetables Baked Roll	Maple Glazed Ham Steak Classic Mashed Potatoes Baby Carrots Baked Roll	Sweet Teriyaki Glazed Salmon Coconut Rice Vegetable Medley Baked Roll	Beef Taco Spanish Rice Balsamic Tomato Cucumber Salad Baked Roll	Herb Roasted Turkey with Gravy Homestyle Stuffing French Cut Green Beans
D I N N E R	BBQ Pulled Pork on a Bun Steak Fries Fruit Cocktail Pickle Chips	Beef and Sausage Cabbage Rolls Classic Mashed Potatoes Baby Carrots Cornbread Muffin	Beef Chili Assorted Fruit Tomato Cucumber Salad Fresh Cornbread	Turkey Deli Sandwich Melon Salad Pickle Spear Chips	Chicken and Cheese Sandwich French Potato Salad Apple Slices	Pepperoni Pizza Fruit Compote Green Beans Italian Garlic Breadsticks	Meatball Sub Sandwich Garlic Roasted Potatoes Tomatoes with Cottage Cheese
	Milk offered at every meal						Week 4

Weekly Menu

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	Sun 09-29-2024	Mon 09-30-2024	Tue 10-01-2024	Wed 10-02-2024	Thu 10-03-2024	Fri 10-04-2024	Sat 10-05-2024
B R E A K F A S T	Cold Cereal Yogurt Fresh Fruit 100% Juice Whole Grain Toast	French Toast Egg of Choice Fresh Fruit 100% Juice Muffin	Buttermilk Pancakes Egg of Choice Fresh Fruit 100% Juice	Baked Omelet Bacon Fresh Fruit 100% Juice Whole Grain Toast	Brown Sugar French Toast Egg of Choice Fresh Fruit 100% Juice	Sausage Country Gravy and Biscuits Hard Boiled Egg Fresh Fruit 100% Juice Fresh Biscuit	Scrambled Egg Yogurt Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Beef Stroganoff and Noodles Buttered Noodles Garden Green Salad Baked Roll	Chicken Penne Pasta Melon Berry Fruit Bowl Sauteed Spinach Garlic Bread	Italian Chicken Salad Sandwich on a Bun Bacon Ranch Pasta Salad Mixed Fruit Salad	Baked Chicken Fajita Spanish Rice Sauteed Peppers and Onions Baked Roll	Bacon Wrapped Pork Tenderloin Baked Sweet Potato Garden Green Salad Baked Roll	Broccoli Ham Casserole Tater Tots Baked Roll	Turkey Pot Pie Classic Mashed Potatoes Garden Green Salad
D I N N E R	Grilled Cheese Sandwich Fruit Cup Basil Tomato Soup	Tuna Salad on Croissant Potato Chips Grapes Cucumber Dill Salad	Summer Cobb Salad Pineapple Chunks Baked Roll	Spaghetti with Marinara Meat Sauce Fruit Cocktail Green Salad Garlic Bread	Ham and Potato Soup Tropical Mixed Fruit Crackers	Kielbasa with Sauerkraut Mixed Fruit Salad Green Salad Fresh Cornbread	Chicken Caesar Wrap Sun Chips Applesauce
	Milk offered at every meal						Week 5