

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>10am: Brainstormer (Activity Room) 11am: Foot Foward Friends (Walking Social & Exercise) 2pm: Film Getaway (Movie Social- Living Room) <i>*Extra Mile Day*</i></p>
<p>9:30am: Espresso Yourself (Coffee & Tea Social) 11am: Wiggle Workouts (Chair Exercises) 12pm: Sacred Devotional 1pm: Room Rendezvous (One-On-One Social) 2pm: Bingo <i>*Fall Back Day*</i></p>	<p>9:30am: Coffee & Donuts w/ Optimal Care 10am: Name That Tune 11am: Creative Chaos (Wooden Spoon Scarecrows) 12pm: Sacred Devotional 1pm: Saginaw Library Bookmobile 2pm: Manicures</p>	<p>10am: Therapy Doggy Visit I will be in the office for planning purposes! Please stop by and say hello! <i>*Election Day*</i></p>	<p>9:30am: Espresso Yourself (Coffee & Tea Social) 10am: Brainstormer (Monopoly) 11am: Vineyard Church Service 1pm: Resident Council Meeting 2pm: Culinary Workshop (Lemon Cranberry Cheesecake Bars) <i>*Monopoly Day*</i></p>	<p>9:30am: Espresso Yourself (Coffee & Tea Social) 10am: Bingo 10:30am: Bingo Store 11am: Wiggle Workouts (Chair Exercises) 1pm: Chaplain Karen 2pm: Penny Pitching <i>*International Games Day*</i></p>	<p>10am: Color Me Happy (Activity Room) 11am: Foot Foward Friends (Walking Social & Exercise) 1pm: Fall Canvas Craft w/ Optimal Care 2pm: Film Getaway (Movie Social- Living Room)</p>	<p>10am: Brainstormer (Activity Room) 11am: Foot Foward Friends (Walking Social & Exercise) 2pm: Film Getaway (Movie Social- Living Room) <i>*Days of Our Lives Day*</i></p>
<p>9:30am: Espresso Yourself (Coffee & Tea Social) 10am: Wiggle Workouts (Chair Exercises) 11am: One Ministries Church 1pm: Room Rendezvous (One-On-One Social) 2pm: Bingo <i>*Dear Santa Letter Week*</i></p>	<p>1pm: Activities w/ All Valley I will be out of the building marketing & volunteering, see you tomorrow! <i>*Pursue Trivia Day*</i></p>	<p>9:30am: Resident's Choice 10am: Therapy Doggy Visit 11am: Wiggle Workouts (Chair Exercises) 12pm: Sacred Devotional 1pm: Honoring our Veterans 2pm: Turkey Darts <i>*Veteran's Day*</i></p>	<p>9:30am: Espresso Yourself (Coffee & Tea Social) 10am: Brainstormer (Thanksgiving Trivia) 11am: Balloon Ball 12:30pm: Birthday Bash w/ Heart 2 Heart Hospice 2pm: Culinary Workshop (Pecan Pie Thumbprints)</p>	<p>9:30am: Espresso Yourself (Coffee & Tea Social) 10am: Bingo 10:30am: Bingo Store 11am: Wiggle Workouts (Chair Exercises) 12pm: Sacred Devotional 2:30pm: Live Music w/ Dave Britton</p>	<p>10am: St. Agnes Church Service 11am: Foot Foward Friends (Walking Social & Exercise) 2pm: Film Getaway (Movie Social- Living Room) <i>*Pickle Day*</i></p>	<p>10am: Brainstormer (Activity Room) 11am: Foot Foward Friends (Walking Social & Exercise) 2pm: Film Getaway (Movie Social- Living Room) <i>*Sing a Song Saturday*</i></p>
<p>9:30am: Espresso Yourself (Coffee & Tea Social) 11am: Wiggle Workouts (Chair Exercises) 12pm: Sacred Devotional 1pm: Room Rendezvous (One-On-One Social) 2pm: Bingo <i>*Nuts About Nuts Day*</i></p>	<p>9:30am: Espresso Yourself (Coffee & Tea Social) 10am: Name That Tune 11am: Creative Chaos (Paper Plate Turkeys) 12pm: Sacred Devotional 1pm: Flickin' Chicken 2pm: Manicures <i>*Green Bean Casserole Day*</i></p>	<p>9:30am: Resident's Choice 10am: Therapy Doggy Visit 11am: Wiggle Workouts (Chair Exercises) 12pm: Sacred Devotional 2pm: Music Bingo w/ Transitions Hospice <i>*Happy Birthday, Mickey Mouse*</i></p>	<p>9:30am: Espresso Yourself (Coffee & Tea Social) 10am: Brainstormer (LCR) 11am: Vineyard Church Service 2pm: Culinary Workshop (Carmel Apple Pie Cookies) 3pm: Coffee & Donuts Social w/ Right at Home <i>Happy Birthday Janice!</i></p>	<p>1pm: Chaplain Karen Thanksgiving Dinner with Family @5pm-6pm RSVP to Ryleigh by Nov. 18th! <i>*Peanut Butter Fudge Day*</i></p>	<p>10am: Color Me Happy (Activity Room) 11am: Foot Foward Friends (Walking Social & Exercise) 2pm: Film Getaway (Movie Social- Living Room) <i>*Watch the Television Day*</i></p>	<p>10am: Brainstormer (Activity Room) 11am: Foot Foward Friends (Walking Social & Exercise) 2pm: Film Getaway (Movie Social- Living Room) <i>*Cranberry Relish Day*</i></p>
<p>9:30am: Espresso Yourself (Coffee & Tea Social) 10am: Wiggle Workouts (Chair Exercises) 11am: One Ministries Church 1pm: Room Rendezvous (One-On-One Social) 2pm: Bingo <i>*Sir-Up Sunday*</i></p>	<p>9:30am: Espresso Yourself (Coffee & Tea Social) 10am: Name That Tune 11am: Creative Chaos (Woodland Suncatchers) 12pm: Sacred Devotional 1pm: Activities w/ All Valley 2pm: Manicures <i>*Solve a Crime Day*</i></p>	<p>9:30am: Resident's Choice 10am: Therapy Doggy Visit 11am: Wiggle Workouts (Chair Exercises) 12pm: Sacred Devotional 2pm: Pie Tasting w/ Optimal Care <i>*Parfait Day*</i></p>	<p>I will be in the office for planning purposes! Please stop by and say hello! <i>Happy Birthday Belia!</i> <i>*Word Puzzle Wednesday*</i></p>	<p>Happy Thanksgiving! I will be at home today enjoying the holiday, see you Sunday! Thanksgiving Day (U.S.)</p>	<p>10am: Color Me Happy (Activity Room) 11am: Foot Foward Friends (Walking Social & Exercise) 2pm: Film Getaway (Movie Social- Living Room) <i>*Native American Heritage Day*</i></p>	<p>10am: Brainstormer (Activity Room) 11am: Foot Foward Friends (Walking Social & Exercise) 2pm: Film Getaway (Movie Social- Living Room)</p>
<p>9:30am: Espresso Yourself (Coffee & Tea Social) 11am: Wiggle Workouts (Chair Exercises) 12pm: Sacred Devotional 1pm: Room Rendezvous (One-On-One Social) 2pm: Bingo <i>*Feast Day of St. Andrew*</i></p>	<p>255 North Main Street Freeland, MI 48623</p>					



Birthdays of the Month!
Janice 10-19
Belia 10-26